

Food Allergy/Intolerance Prescription  
 Sunman-Dearborn Community Schools Food Service  
 School Year \_\_\_\_\_

Dear Parent/Guardian:

You indicated to the school that your child has a significant food allergy or intolerance that could require emergency treatment while in school. In order to insure the best possible treatment plan, the Food Service Department must have a **written prescription from your doctor** (see below) to help avoid the food/s that produce an allergic reaction or intolerance in your child. Please return this information to the School Nurse as soon as possible.

Student's Name \_\_\_\_\_ DOB: \_\_\_\_\_  
 School: \_\_\_\_\_ Grade: \_\_\_\_\_ Room: \_\_\_\_\_

Food (list below-check each that apply)

1.	<input type="checkbox"/> Allergy	3.	<input type="checkbox"/> Allergy
	<input type="checkbox"/> Intolerance		<input type="checkbox"/> Intolerance
2.	<input type="checkbox"/> Allergy	4.	<input type="checkbox"/> Allergy
	<input type="checkbox"/> Intolerance		<input type="checkbox"/> Intolerance

Other: \_\_\_\_\_

Symptoms demonstrated by the student:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

I authorize that the above named child is allergic/intolerance to the food/s listed, may require emergency treatment and that the food/s should be avoided. Please check all that apply below:

- suspected allergy                     
  documented allergic reaction                     
  required hospitalization  
 Epi-Pen ordered                     
  other medication: \_\_\_\_\_

When offending food is served:  child requires separate seating in the cafeteria  
 child requires seating other than in the cafeteria

→ Signature of Physician: \_\_\_\_\_  
 (Please print Physician's Name): \_\_\_\_\_  
 Telephone Number: \_\_\_\_\_ Date: \_\_\_\_\_

I read, reviewed and understand the food allergy/intolerance information formulated by my child's physician. I agree that it may be placed on file as part of my child's school health record and the necessary information is shared with S-DCS registered dietitians, my child's teacher and staff. S-DCS Food Service is permitted to contact my child's physician to obtain further explanation of the above information. This authorization is in force for the \_\_\_\_\_ school year unless I submit new information in writing to the school.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_  
 Daytime Telephone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Copy to Food Service  Date: \_\_\_\_\_ Copy to Teacher  Date: \_\_\_\_\_  
 Original in Student Health Record  Date: \_\_\_\_\_  
 Signature of School Nurse: \_\_\_\_\_

Sunman-Dearborn Community Schools  
Bright Elementary  
Phone 812-637-4600  
Fax 812-637-4606

**INDIVIDUALIZED HEALTH CARE PLAN – FOOD ALLERGY**

(FOR CLASSROOM/CAFETERIA)

NAME OF STUDENT: \_\_\_\_\_ DATE \_\_\_\_\_

**ALLERGIC TO:** \_\_\_\_\_

Allergic reaction occurs if: (*Circle all that apply*):

- *Ingested*
- *Touched*
- *Inhaled*

NEEDS MEDICATION: \_\_\_\_\_ EpiPen (**MD orders are required**)  
(*Check all that apply*) \_\_\_\_\_ Benadryl (What dose?) \_\_\_\_\_  
\_\_\_\_\_ Other \_\_\_\_\_

PLAN FOR EATING WITH/APART FROM OTHERS:

\_\_\_\_\_ May eat with any students in the cafeteria  
\_\_\_\_\_ Must eat at a peanut free table

CLASS PARTIES - Handle as follows (*Please check one*)

\_\_\_\_\_ Student may eat the treat(s)  
\_\_\_\_\_ Student may take the treat(s) home  
\_\_\_\_\_ Replace treat with parent supplied alternative  
\_\_\_\_\_ Other – please explain & talk with teacher & nurse:

\_\_\_\_\_  
\_\_\_\_\_

FIELD TRIPS: The emergency medications for your child will need to go on field trips. If you or a family member is to accompany the child, let the teacher know. Tell the teacher/nurse if you will bring the medication with you. If no family member will attend the trip, please call the nurse ahead of time so that the nurse can arrange for the medication to be sent on the field trip.

PARENT SIGNATURE: \_\_\_\_\_ DATE \_\_\_\_\_